Healing Arts Life Coach, Practitioner and Author

Cheryl Adrienne Masani, CHom, CR, CMT, CCA

Certified in Classical Homeopathy, Reflexology, Massage Therapy and Medical Aromatherapy. Studied, trained and practiced in Sound Therapy.

Practicing these Healing Arts modalities through 20 years with a focus on body, mind and spirit wellness. I published the 'Holistic Chakra Guide' to share the concept of integrating natural holistic therapies with the guidance of the seven Chakra energy centers.

Currently I offer Wellness Life Coaching to guide and support body, mind and spirit wellness through natural practices. I create customized Aromatic body care; offer virtual sessions of self-care Reflexology, meditative style guided Chakra journeys and Mindfulness Moments.

I have written poetry since childhood in various genes and I love to share. I support other practitioners and students through tutoring, mentoring and co-creating.

My mission is the holistic empowerment of humanity to be well and thrive.

Certified in Classical Homeopathy, Reflexology, Massage Therapy and Medical Aromatherapy Certified in infection prevention & control

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