

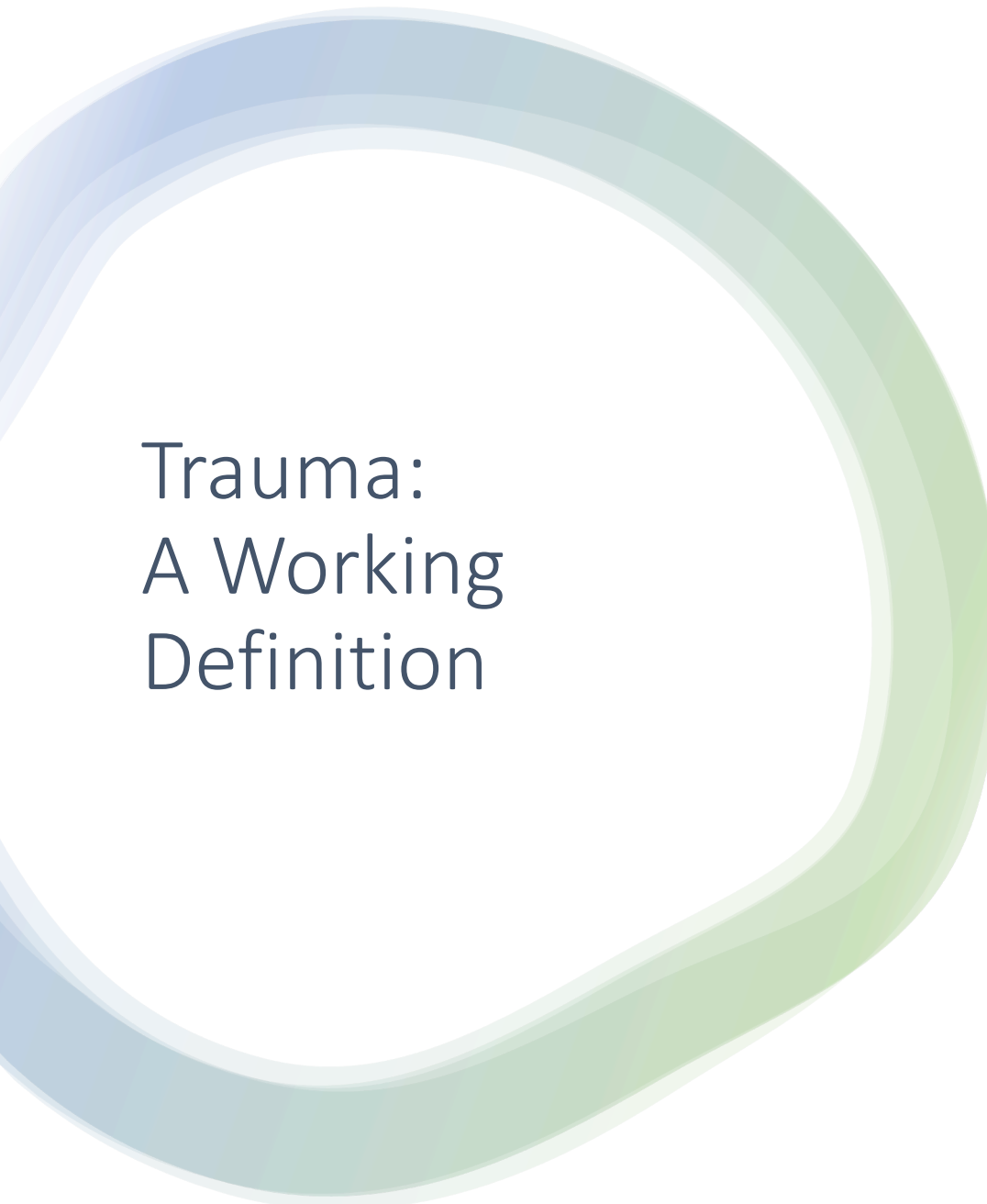
Taking in the View: Seeking Flourishing in this Chaotic Landscape

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Content Warning and Invitation to Self- Care





Trauma:
A Working
Definition

Trauma is a blow or wounding of the mind, body, and spirit/self that occurs when a destructive experience or event exceeds a person's or community's resources to process or assimilate the experience into preconceived frameworks of understanding.

Impacts of Trauma



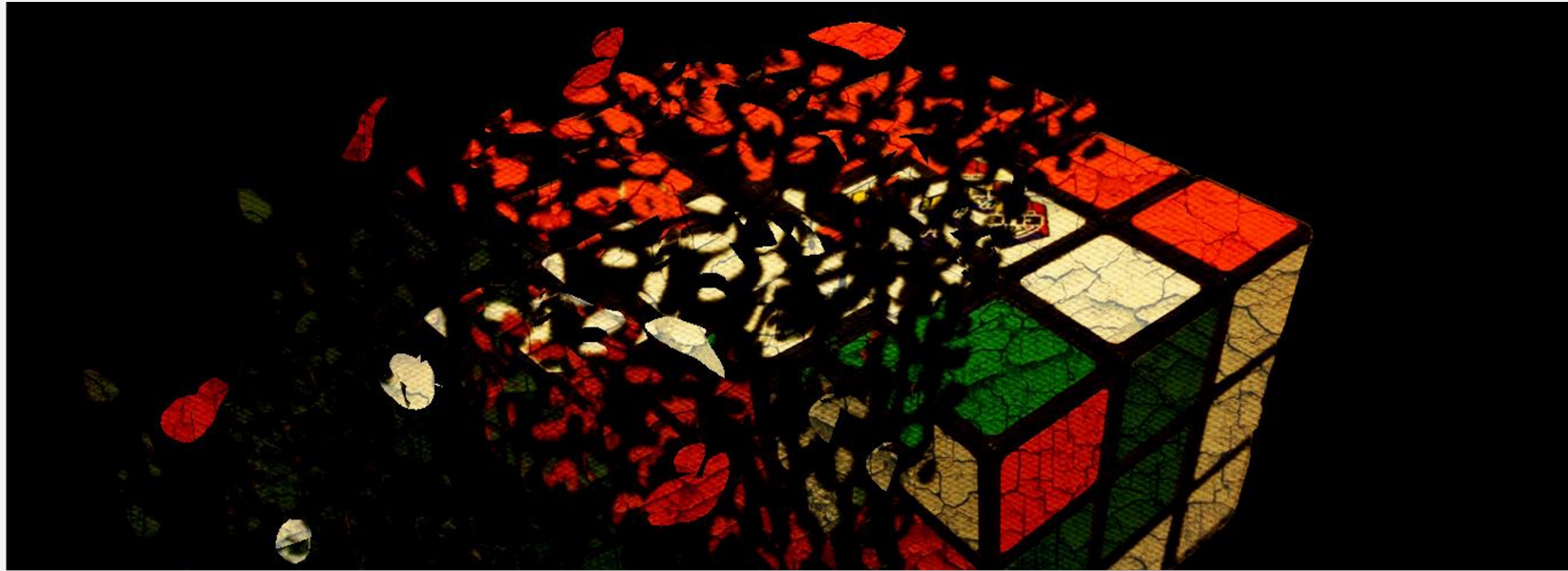
Major Impact #1: Crisis of Time

- Trauma/traumatic experience becomes an eternal present
- Distortion of connection between past-present-future

Major Impact #2: Crisis of Coherence



- One's world and story no longer feel:
 - Comprehensible
 - Safe/Helpful
 - Meaningful



Crisis of Time
+ Crisis of Coherence =
“Narrative Fracture”

Narrative Fracture

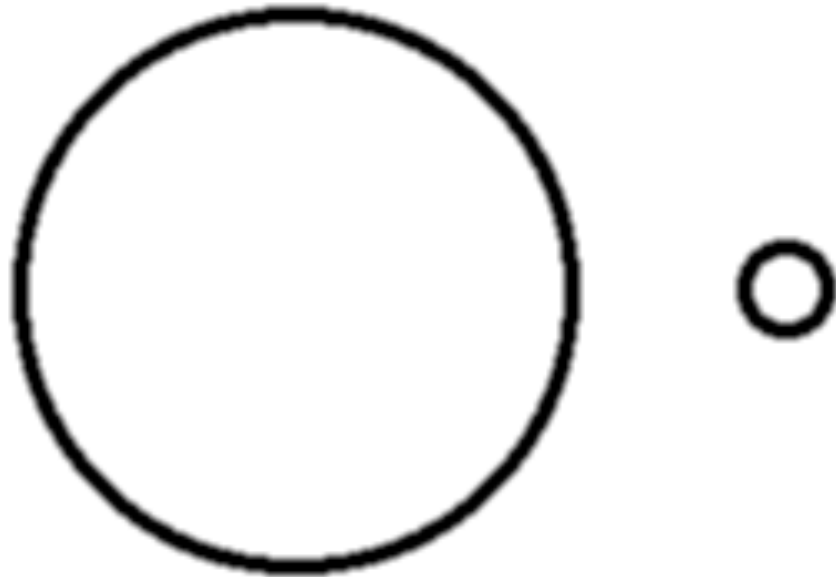


Individual AND Communal/Collective Trauma

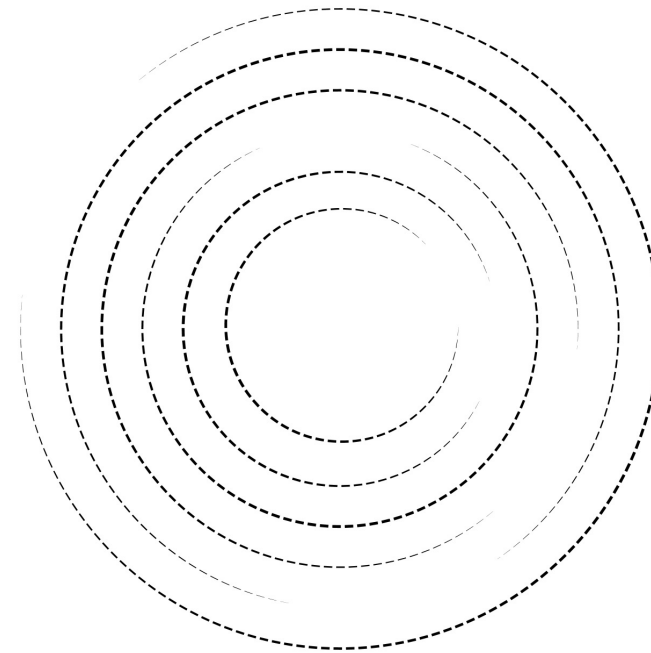


Collective Trauma

Uniting Forces



Separating Forces





What is the difference or relationship
between trauma, grief, discomfort, and
change?



How do communities often respond
to trauma?

Inclinations of Communities Experiencing Trauma

Return to Past (Imagined or Real)

Problems with “Return to the Past”

No true “return”

Ex: Israelite’s return from captivity



“Biblical Jerusalem,” biblical-jerusalem-hp.jpg

Temptation towards false/untruthful memory

Ex: Exodus 16



“Manna reigning from heaven on the Israelites (Exodus 16),” from the Maciejowski Bible, c. 1250

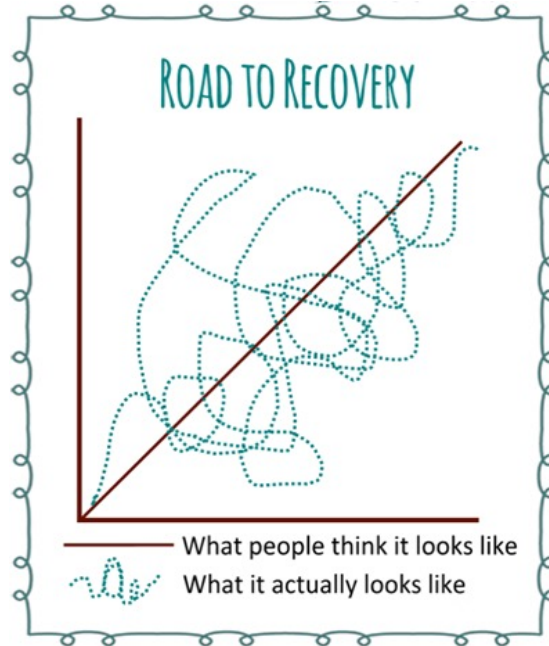
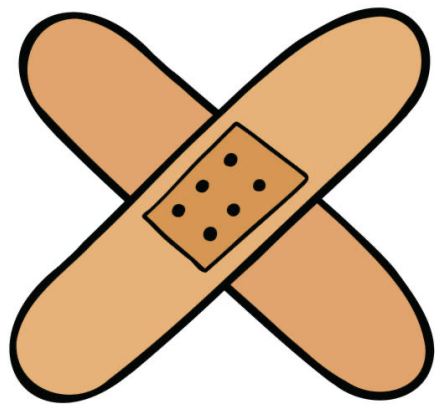
Inclinations of Communities Experiencing Trauma

Return to Past (Imagined or Real)

Repair Quickly and “Move On”

Problems with “Repair and Move On”

Often leads to putting a “theological or emotional band aid” over a wound that needs “surgery”



Disregards the winding road of trauma recovery

Can't map collective or *healthy* future without contending honestly with the past

