



# awakened heart

## About Quest Youth Retreats

Quest youth retreats help our young people grow deeper in their relationship with God. Quest incorporates general sessions led by entertaining and powerful speakers, interactive small group time, an engaging band, and plenty of community-building activities to help foster spiritual growth throughout the weekend and beyond. Youth are encouraged to explore, ask questions, and dive into each theme in hope that the weekend will help them grow individually in their faith and corporately as a member within the Church. 225 adults and youth attended the Fall Quest weekend.

Learn more at [EpiscopalColorado.org/QuestYouthRetreats](https://EpiscopalColorado.org/QuestYouthRetreats).

## Spring Quest, March 13-15 at Frontier Ranch, Buena Vista

A retreat for teens, grades 6-12. In Colorado, we live in a beautiful and sacred part of God's creation, yet often we are out of touch with nature, or we take it for granted, or we are overwhelmed by the daily news of climate crisis. Join us this spring as we awaken our hearts and reconnect with creation. We will learn ways to quiet the anxiety that surrounds climate crisis and as a community explore how hope is built, not found. We will leave the weekend with concrete actions that each of us can do to help heal and protect *this fragile earth, our island home*. Together, we will reclaim the ancient Christian understanding that God created, redeems, and sustains all of creation.