## **Quest Rules and Regulations**

- 1. All participants must remain on Frontier Ranch property unless accompanied by an adult sponsor.
- 2. Boys only in boys' rooms; girls only in girls' rooms.
- 3. Practice appropriate physical and virtual contact. No sexual activity.
- 4. All participants are expected to attend all planned activities.
- 5. All participants must be in their rooms by 10:30 each night.
- 6. No alcohol, marijuana, tobacco, illegal drugs, fireworks, firearms, knives, or other weapons are permitted. If you have any such items, please turn them in to Quest staff.
- 7. Do not touch the AV or band equipment unless supervised by a band leader or AV tech (that stuff is expensive!).
- 8. Do not use personal electronic devices (cell phones) during program time.
- 9. The pool is only open when a lifeguard is on duty. (during free time)
- 10. Respect the rules and staff of Frontier Ranch.
- 11. Do not attempt to approach or feed wild animals on the property.
- 12. Do not climb behind Black Elk or Ogallala. The rock is very unstable and unsafe!
- 13. Youth participants always need to let their adult sponsor know where they are going and what they are doing.
- 14. Obey your leaders & the leaders of this event
- 15. Be nice to each other.

What to Bring	What NOT to Bring
Outdoor/weather appropriate clothing. (Check the weather channel!)	Illegal Drugs/marijuana/cigarettes/alcohol
Bathing suit and towel	Valuables you don't want lost or stolen or broken
Toiletries & Prescription Medications	Distracting electronics
Closed toed shoes and a Jacket	Inappropriate Clothing
Money for the store (completely optional)	A bad attitude

<sup>\*</sup>All bedding is provided, but feel free to bring your favorite pillow, blanket, or stuffed animal if you want ©

\*Cell phones should only be used for picture purposes. The wifi is unavailable and the reception is poor; we encourage you to use this weekend to connect with those around you and with God.