

**CONVENTION WORKSHOPS** 

WORKSHOP SESSION 1 FRIDAY, OCTOBER 4 11:15 AM - 12:15 PM

WORKSHOP SESSION 2 FRIDAY, OCTOBER 4 3:20 - 4:20 PM

WORKSHOP SESSION 3 SATURDAY, OCTOBER 5 8:30 - 9:30 AM

# **WORKSHOP SESSION 1**

Friday, October 4, 11:15 am to 12:15 pm





# **ENGAGING HEAD & HEART:** OWNING OUR RELATIONSHIP WITH MONEY





Knowing we can't worship two gods at once (God and Money), participants will engage in conversation and a variety of hands-on activities about the role money plays in our lives, our attitudes and emotions around it, and the relationship between our money, values, and our Christian spirituality. Hosted by Missioner Paul Alexander, Denver; Tracy Methe, Denver; and the Rev. Jeremiah Williamson, Grace & St. Stephen's, Colorado Springs.

**Location: Primrose Room** 



#### **LEARN:**

### THE GAME OF LIFE





Participants experience what it would be like to live a month as a family living in extreme poverty. This interactive simulation activity builds empathy and understanding for families living in poverty. Hosted by Amanda Pennington, St. Francis Center, Denver.

**Location: Larkspur Room** 



#### **BLESS:**

## RADICAL WELCOME: BUILDING BRIDGES TO THE CENTER

What does it mean to believe that there is no one that we do not need for the kingdom of God? Participants will ponder how we build bridges from the outside of the circle to its center so that everyone can contribute their Godgiven gifts and assets. Hosted by Michael Green, Community Organizer & ABCD expert, Denver; & Anthony Suggs, Denver.

**Location: Aspen Amphitheater** 









#### TURN:

## FAITH IN MOTION: NOURISHMENT FOR THE JOURNEY

This workshop is grounded in the belief that thin places are all around us, in the daily living of a human life. Participants will explore what turns us to Christ through a widely expanded notion of spiritual practices that seek the holy in the human. Hosted by David Sudderth and Tom Shepard, All Saints', Crested Butte.

Location: Evergreen Ballroom A



#### PRAY:

# SILENCE, SERVICE, & SOLIDARITY

Discover the essential role that silent prayer has played in the history of the Church, and the imperative to reintroduce it for personal spiritual formation and the future life of the church in the world. Participants will be gently guided through a small selection of methods and will leave our time together with a collection of future opportunities to explore and practice. Hosted by Nancy Severin, Daughters of the King Province VI President, Spiritual Director; and The Rev. Michelle Danson, Spiritual Director and Retreat Leader, Boulder.

**Location: Evergreen Ballroom B** 



#### PRAY:

## PILGRIMAGE AS PRAYER IN MOVEMENT

Through this interactive session, three experienced pilgrimage leaders will share methods to engage in pilgrimage nearly anywhere you can move in the world, allowing participants to see the value of praying while feeling the air on your face and the earth beneath your feet. Hosted by The Rev. Charis M. Caldwell, CAIRN, Glenwood Springs; the Rev. Canon Greg Foraker, Denver; & the Rev. E. Wendy Huber, Glenwood Springs.

**Location: Evergreen Ballroom C** 

# **WORKSHOP SESSION 2**

Friday, October 4, 3:20 to 4:20 pm







#### **LEARN:**

# MATCHING GIFTS & NEEDS AFTER A DISASTER

How well are we equipped to respond to urgent community needs after a disaster? Participants will explore a gifts-oriented approach and brainstorm needs and appropriate responses for the different times following a disaster. Hosted by The Rev. Canon Carl Andrews, Denver; Hill Grimmett, Fort Collins; Lura Steele, New York.

**Location: Primrose Room** 



#### GO:

# MISSION BEYOND OURSELVES

This workshop will present national and international mission ministries of parishes throughout the Episcopal Church in Colorado. Participants will learn about the variety of mission relationships that churches have throughout the country and the world. Participants will be brainstorming where and how to connect their parishes with mission needs and discern what support they need to develop these relationships. Hosted by Buck Blanchard, Denver; and Bruce Swinehart, Boulder.

**Location: Larkspur Room** 



#### PRAY:

# PRAY WITH YOUR PHONE: PHOTOGRAPHY AS SPIRITUAL PRACTICE

With digital technology we have gotten used to taking photos all the time, and often several photos of the same thing without spending time really focusing on the image or person we are trying to capture. In this workshop, participants will explore how photography can help us pay attention and draw closer to God. Hosted by the Rev. Rebecca Crummey, amateur shutterbug, Director of Colorado ESC and Vicar of St. Peter and St. Mary; the Rev. Brian Winter, Rector of Christ's Episcopal Church, Castle Rock, and former photo journalist; and Dirk DeVries, photographer and author of Contemplative Vision, Photography as a Spiritual Practice.

**Location: Aspen Amphitheater** 







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Location: Evergreen Ballroom A



#### **REST:**

# RECLAIMING SABBATH AS SPIRITUAL PRACTICE

God rested after the work of creation, and we, too, made in the divine image, are designed for this rhythm of creative work and rest. Intentionally setting aside the to-do lists for a time recalls the truth that God made human beings, not human doings. We will hear again the sacred texts calling us to rest as spiritual practice and explore how we can imagine Sabbath in our time. Hosted by the Rev. Kim Seidman, Cathedral Ridge, Woodland Park.

**Location: Evergreen Ballroom B** 



#### GO:

### GO FORTH USING POWER WITH LOVE

Jesus walked the way of love, listening deeply. His way of love was revolutionary. He chose the power of love over the love of power. In this interactive workshop, participants will explore ways to use the God-given power that is ours to stand in our strength while staying in our hearts. Hosted by Dr. Cedar Barstow, St. John's, Boulder; and Student Rabbi Charna Rosenholtz, Boulder.

Location: Evergreen Ballroom C

# **WORKSHOP SESSION 3**

Saturday, October 5, 8:30 to 9:30 am



#### **BLESS:**

## **#BLESSED: RECLAIMING SACREDNESS**

We as a society have become comfortably numb to the word *blessed*. We will explore how to take back the sacredness of blessed and what it means to receive God's blessing and carry it into the world to give to others. Participants will explore this Quest's theme and will be guided through creating tangible blessings for the Quest youth. Hosted by the Quest Youth Design Team and Elizabeth Cervasio, Denver.

**Location: Primrose Room** 



#### GO:

## SERVING WITH YES CO!



YES Colorado is the grassroots branch of youth ministry that plans and executes mission/service trips each summer. Participants will learn a brief history of YES trips and projects, build care packages to be distributed to homeless people in Denver, and discover how youth make service a part of their faith life. Hosted by Kimberly Hubbs, St. Matthew's, Parker; & Elisabeth Richardson, St. Luke's, Ft. Collins.

**Location: Larkspur Room** 



#### GO:

# CROSS-CULTURAL SERVANTHOOD: GO AND LIVE LIKE JESUS

Jesus calls us to serve. How do we obey His call in this complex world? This workshop will equip participants with a mindset and tools to serve across cultures. Whether called to serve a neighbor, your community, or in another country, the practices presented in this workshop will guide and inform the transformational work of servanthood. Hosted by Pamela Kniss, St. John's Cathedral, Denver; & Christine James, Christ Church Denver.

**Location: Aspen Amphitheater** 



#### GO:

# EFFECTIVE ENGAGEMENT: TOOLS FOR JUSTICE & ACTION

Learn to effectively engage your communities around issues of social justice and human rights. Participants will gain powerful resources, practical information, and tools for social change including social media, actions, letterwriting campaigns, lobbying, vigils, letters to the editor, and others. Hosted by Andrew Greenberg, St. John's Cathedral, Denver; & Anthony Suggs, Denver.

Location: Evergreen Ballroom A



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**Location: Evergreen Ballroom B** 



#### **BLESS:**

# LEGACY GIVING: MINISTRY FOR GENERATIONS

Bless, unselfishly give. But how? In this workshop, learn the importance of legacy giving, how to establish a Legacy Giving program and about different types of gifts. Presentation focus on theology of giving and thoughtful end of life planning. Hosted by Scott Asper, Colorado Episcopal Foundation, Denver.

Location: Evergreen Ballroom C



PIKES PEAK

PEAK LEVEL MEETING ROOMS

DENVER

TECH CENTER

