

# Desktop Meditation Garden

Photo from hilarylhahn.com



## Here's what you need:

- Shallow wooden or ceramic pot of any shape
- Sand
- Smooth River Rocks
- Small Rake
- Optional decorations (tealight, driftwood, air plants, crystals, medallions)

## Here's what you do:

1. Pour sand into your shallow wooden or ceramic pot.
2. Place rocks and decorations where you want.
3. Use mini rake to draw designs in the sand while you pray and meditate.