Morning Prayer

Enriching our Worship

Opening Sentence

Officiant: Jesus said: “If any of you would come after me, deny yourself and take up your cross and follow me.” Mark 8:34

Confession

Officiant: Let us confess our sins to God.

Silence may be kept.

God of all mercy,
we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness
in each other, in ourselves,
and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.
Forgive, restore, and strengthen us through our Savior Jesus Christ,
that we may abide in your love and serve only your will. Amen.

Absolution

Officiant: Almighty God have mercy on you (us), forgive you (us) all your (our) sins through the grace of Jesus Christ, strengthen you (us) in all goodness, and by the power of the Holy Spirit keep you (us) in eternal life. Amen.

Opening Versicle

Officiant: O God, let our mouth proclaim your praise.
People: And your glory all the day long.
The Psalm

Psalm 23

Dominus regit me

Reader: Please join me in reading the Psalm for today, read responsively by half verse.

1 The Lord is my shepherd; *
   I shall not be in want.
2 He makes me lie down in green pastures *
   and leads me beside still waters.
3 He revives my soul *
   and guides me along right pathways for his Name's sake.
4 Though I walk through the valley of the shadow of death, *
   I shall fear no evil; *
   for you are with me;
   your rod and your staff, they comfort me.
5 You spread a table before me in the presence of those who trouble me; *
   you have anointed my head with oil,
   and my cup is running over.
6 Surely your goodness and mercy shall follow me all the days of my life, *
   and I will dwell in the house of the Lord for ever.

Venite Psalm 95:1-7

Antiphon
Our God is full of compassion and mercy: O come let us worship.

Come, let us sing to the Lord; *
let us shout for joy to the Rock of our salvation.

Let us come before God's presence with thanksgiving *
and raise to the Lord a shout with psalms.

For you are a great God; *
you are great above all gods.

In your hand are the caverns of the earth, *
and the heights of the hills are yours also.

The sea is yours, for you made it, *
and your hands have molded the dry land.

Come, let us bow down and bend the knee, *
and kneel before the Lord our Maker.

For you are our God,
and we are the people of your pasture and the sheep of your hand. *
Oh, that today we would hearken to your voice!

Let us listen today to God’s voice: Harden not your hearts,
as your forebears did in the wilderness, *
at Meribah, and on that day at Massah,

when they tempted me. They put me to the test, *
though they had seen my works.

Forty years long I detested that generation and said, *
“This people are wayward in their hearts;

they do not know my ways.” So I swore in my wrath, *
“They shall not enter into my rest.”

Antiphon

Our God is full of compassion and mercy: O come let us worship.

Doxology

Praise to the holy and undivided Trinity, one God: as it was in the beginning, is now, and
will be for ever. Amen.

The First Lesson 1 Samuel 16:1-13

Reader: A reading from the first Book of Samuel.

The Lord said to Samuel, “How long will you grieve over Saul? I have rejected him
from being king over Israel. Fill your horn with oil and set out; I will send you to
Jesse the Bethlehemite, for I have provided for myself a king among his sons.” Samuel
said, “How can I go? If Saul hears of it, he will kill me.” And the Lord said, “Take a
heifer with you, and say, ‘I have come to sacrifice to the Lord.’ Invite Jesse to the
sacrifice, and I will show you what you shall do; and you shall anoint for me the one
whom I name to you.” Samuel did what the Lord commanded, and came to Bethlehem.
The elders of the city came to meet him trembling, and said, “Do you come peaceably?”
He said, “Peaceably; I have come to sacrifice to the Lord; sanctify yourselves and come
with me to the sacrifice.” And he sanctified Jesse and his sons and invited them to the
sacrifice.

When they came, he looked on Eliab and thought, “Surely the Lord’s anointed is now
before the Lord.” But the Lord said to Samuel, “Do not look on his appearance or on
the height of his stature, because I have rejected him; for the Lord does not see as
mortals see; they look on the outward appearance, but the Lord looks on the heart.”
Then Jesse called Abinadab, and made him pass before Samuel. He said, “Neither has
the Lord chosen this one.” Then Jesse made Shammah pass by. And he said, “Neither has the Lord chosen this one.” Jesse made seven of his sons pass before Samuel, and Samuel said to Jesse, “The Lord has not chosen any of these.” Samuel said to Jesse, “Are all your sons here?” And he said, “There remains yet the youngest, but he is keeping the sheep.” And Samuel said to Jesse, “Send and bring him; for we will not sit down until he comes here.” He sent and brought him in. Now he was ruddy, and had beautiful eyes, and was handsome. The Lord said, “Rise and anoint him; for this is the one.” Then Samuel took the horn of oil, and anointed him in the presence of his brothers; and the spirit of the Lord came mightily upon David from that day forward. Samuel then set out and went to Ramah.

Reader: Hear what the Spirit is saying to God’s people. All: Thanks be to God.

Canticle A Song of Hosea Hosea 6:1-3

Come, let us return to our God, * who has torn us and will heal us.

God has struck us and will bind up our wounds, * after two days revive us,

On the third day restore us, * that in God’s presence we may live.

Let us humble ourselves, let us strive to know the Lord, * whose justice dawns like morning light, its dawning as sure as the sunrise.

God’s justice will come to us like a shower, * like spring rains that water the earth.

The Second Lesson

Reader: A reading from the letter to the Ephesians.

Once you were darkness, but now in the Lord you are light. Live as children of light— for the fruit of the light is found in all that is good and right and true. Try to find out what is pleasing to the Lord. Take no part in the unfruitful works of darkness, but instead expose them. For it is shameful even to mention what such people do secretly, but everything exposed by the light becomes visible, for everything that becomes visible is light. Therefore it says,

“Sleeper, awake! Rise from the dead, and Christ will shine on you.”

Reader: Hear what the Spirit is saying to God’s people. All: Thanks be to God.
Canticle L  *A Song of Christ’s Humility*  
*Philippians 2:6-11*

Though in the form of God,*
Christ Jesus did not cling to equality with God,*

But emptied himself, taking the form of a servant,*
and was born in human likeness.

Being found in human form, he humbled himself*
and became obedient to death, even death on a cross.

Therefore, God has highly exalted him *
and given him the name above every name,*

That at the name of Jesus, every knee shall bow,*
in heaven and on earth and under the earth,*

And every tongue confess that Jesus Christ is Lord,*
to the glory of God the Father.

The Third Lesson  
*John 9:1-41*

Reader: *A reading from the Gospel of John.*

*As Jesus walked along, he saw a man blind from birth. His disciples asked him, “Rabbi, who sinned, this man or his parents, that he was born blind?” Jesus answered, “Neither this man nor his parents sinned; he was born blind so that God’s works might be revealed in him. We must work the works of him who sent me while it is day; night is coming when no one can work. As long as I am in the world, I am the light of the world.” When he had said this, he spat on the ground and made mud with the saliva and spread the mud on the man’s eyes, saying to him, “Go, wash in the pool of Siloam” (which means Sent). Then he went and washed and came back able to see. The neighbors and those who had seen him before as a beggar began to ask, “Is this not the man who used to sit and beg?” Some were saying, “It is he.” Others were saying, “No, but it is someone like him.” He kept saying, “I am the man.” But they kept asking him, “Then how were your eyes opened?” He answered, “The man called Jesus made mud, spread it on my eyes, and said to me, ‘Go to Siloam and wash.’ Then I went and washed and received my sight.” They said to him, “Where is he?” He said, “I do not know.”*

*They brought to the Pharisees the man who had formerly been blind. Now it was a sabbath day when Jesus made the mud and opened his eyes. Then the Pharisees also began to ask him how he had received his sight. He said to them, “He put mud on my eyes. Then I*
washed, and now I see.” Some of the Pharisees said, “This man is not from God, for he does not observe the sabbath.” But others said, “How can a man who is a sinner perform such signs?” And they were divided. So they said again to the blind man, “What do you say about him? It was your eyes he opened.” He said, “He is a prophet.”

The Jews did not believe that he had been blind and had received his sight until they called the parents of the man who had received his sight and asked them, “Is this your son, who you say was born blind? How then does he now see?” His parents answered, “We know that this is our son, and that he was born blind; but we do not know how it is that now he sees, nor do we know who opened his eyes. Ask him; he is of age. He will speak for himself.” His parents said this because they were afraid of the Jews; for the Jews had already agreed that anyone who confessed Jesus to be the Messiah would be put out of the synagogue. Therefore his parents said, “He is of age; ask him.”

So for the second time they called the man who had been blind, and they said to him, “Give glory to God! We know that this man is a sinner.” He answered, “I do not know whether he is a sinner. One thing I do know, that though I was blind, now I see.” They said to him, “What did he do to you? How did he open your eyes?” He answered them, “I have told you already, and you would not listen. Why do you want to hear it again? Do you also want to become his disciples?” Then they reviled him, saying, “You are his disciple, but we are disciples of Moses. We know that God has spoken to Moses, but as for this man, we do not know where he comes from.” The man answered, “Here is an astonishing thing! You do not know where he comes from, and yet he opened my eyes. We know that God does not listen to sinners, but he does listen to one who worships him and obeys his will. Never since the world began has it been heard that anyone opened the eyes of a person born blind. If this man were not from God, he could do nothing.” They answered him, “You were born entirely in sins, and are you trying to teach us?” And they drove him out.

Jesus heard that they had driven him out, and when he found him, he said, “Do you believe in the Son of Man?” He answered, “And who is he, sir? Tell me, so that I may believe in him.” Jesus said to him, “You have seen him, and the one speaking with you is he.” He said, “Lord, I believe.” And he worshiped him. Jesus said, “I came into this world for judgment so that those who do not see may see, and those who do see may become blind.” Some of the Pharisees near him heard this and said to him, “Surely we are not blind, are we?” Jesus said to them, “If you were blind, you would not have sin. But now that you say, ‘We see,’ your sin remains.”

Reader: Hear what the Spirit is saying to God’s people.

Reader: Hear what the Spirit is saying to God’s people. All: Thanks be to God.

The Homily

The Apostles’ Creed

Said together, all standing

I believe in God, the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ,
    God’s only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come again
to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

The Peace

Officiant: The peace of Christ be always with you.
All: And also with you.

Announcements

The Offertory

Officiant and People

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,

Prayer of the People Adapted from Washington National Cathedral

Officiant:
O God, our refuge and strength, a very present help in trouble. In this challenging and uncertain time of global pandemic and public health crisis, we come before you offering our prayers on behalf of those in need, the Church and the world.

Leader:
For the Church, that it may not grow weary of proclaiming the gospel of Christ and serve as beacon of hope to a suffering world. We pray for creative minds and determined spirits to meet the challenges ahead. We pray especially for Michael, our Presiding Bishop Kym, our Bishop, and all who minister in your name. Lord, in your mercy, Hear our prayer.

For all affected by the coronavirus in Colorado and around the world. For the leaders of the nations that they may work together for the common good as the outbreak spreads. May barriers that divide be brought down that bonds of trust may be strengthened to benefit the entire human family. Lord, in your mercy, Hear our prayer.

For public health and government officials in our nation. Grant them the strength and will to act swiftly and decisively, with wisdom and compassion in service to all. We pray especially for the President of the United States, the Congress, Governors, and elected officials in local municipalities. Lord, in your mercy, Hear our prayer.

For those who are sick, especially those with the Coronavirus. May they have access to medical care and regain their strength and health; grant them your healing grace. Give strength to all who are caring for loved ones. Lord, in your mercy, Hear our prayer.

For healthcare workers, who with hearts of service, stand on the front lines of providing care. Grant them patience, courage, and protection as they put the needs of public safety before their own. Lord, in your mercy, Hear our prayer.

For scientists and researchers around the world as they combat the virus, that their work may yield knowledge to develop a vaccine, treatments, and improved measures to reduce its spread. Lord, in your mercy, Hear our prayer.

For the safety and well-being of all who must travel during these perilous times and those who remain quarantined. Lord, in your mercy, Hear our prayer.
For all who are consumed with fear and anxiety. Give us courage to meet the days ahead, that confidence in your providence, we may only take what we need and be generous in sharing our resources. Lord, in your mercy, Hear our prayer.

For all those who minister to the most vulnerable among us; fill them with your Holy Spirit as they work to be your healing hands and feet to all in need. Lord, in your mercy, Hear our prayer.

For those who have already lost friends and family to the Corona virus and those who will yet suffer such loss that they may know the consolation of your love and the promise of your eternal life. Lord, in your mercy, Hear our prayer.

For all who have died in the hope of the resurrection, and those whose faith is known to you alone, that, with all the saints, they may have rest in that place where there is no pain or grief, but life eternal. Lord, in your mercy, Hear our prayer.

For all those people and situations on our hearts, which we now offer to God, either silently or aloud.

A moment of silence

Lord, in your mercy, Hear our prayer.

Officiant:
Keep us, good Lord, under the shadow of your mercy. Sustain and support the anxious, be with those who care for the sick, and lift up all who are brought low; that we may find comfort knowing that nothing can separate us from your love in Christ Jesus our Lord. Amen. (Prayer from Gloucester Cathedral)

Suffrages

V. Help us, O God our Savior;
R. Deliver us and forgive us our sins.
V. Look upon your congregation;
R. Give to your people the blessing of peace.
V. Declare your glory among the nations;
R. And your wonders among all peoples.
V. Do not let the oppressed be shamed and turned away;
R. Never forget the lives of your poor.
V. Continue your loving-kindness to those who know you;
R. And your favor to those who are true of heart.
V. Satisfy us by your loving-kindness in the morning;
R. So shall we rejoice and be glad all the days of our life.

The Collect of the Day
Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

A Collect for the Renewal of Life

O God of all, whose light divides the day from the night and turns the shadow of death into the morning: Drive far from us all wrong desires, incline our hearts to keep your law, and guide our feet into the way of peace; that, having done your will with cheerfulness during the day, we may, when night comes, rejoice to give you thanks; through Jesus Christ our Lord. Amen.

A Collect for Guidance

Heavenly Father, in you we live and move and have our being: We humbly pray you so to guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you.

Concluding Sentence

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to God from generation to generation in the Church, and in Christ Jesus for ever and ever. Amen. Ephesians 3:20,21