

# Morning and Evening Prayer

(from *Enriching Our Worship*)

## Opening Sentence *(Officiant)*

Jesus said: "If any of you would come after me, deny yourself and take up your cross and follow me." *Mark 8:34*

## Confession

*The Officiant says*

Let us confess our sins to God.

*Silence may be kept. All*

**God of all mercy,  
we confess that we have sinned against you, opposing your will in our  
lives.**

**We have denied your goodness in each other,  
in ourselves, and in the world you have created. We repent of the evil  
that enslaves us,**

**the evil we have done,  
and the evil done on our behalf. Forgive, restore, and strengthen us  
through our Savior Jesus Christ, that we may abide in your love and  
serve only your will. Amen.**

## Absolution *(Officiant)*

Almighty God have mercy on you (us), forgive you (us) all your (our) sins through the grace of Jesus Christ, strengthen you (us) in all goodness, and by the power of the Holy Spirit keep you (us) in eternal life. *Amen.*

## Opening Versicle

*Officiant*      O God, let our mouth proclaim your praise.

*People*        **And your glory all the day long.**

## Invitatory Psalm

**Venite** *Psalm 95:1-7 (All, read together)*

**Antiphon** *(All)*

**Our God is full of compassion and mercy: O come let us worship.**

**Come, let us sing to the Lord; \*  
let us shout for joy to the Rock of our salvation.**

**Let us come before God's presence with thanksgiving \* and raise to the  
Lord a shout with psalms.**

**For you are a great God; \*  
you are great above all gods.**

**In your hand are the caverns of the earth, \* and the heights of the hills  
are yours also.**

**The sea is yours, for you made it, \*  
and your hands have molded the dry land. Come, let us bow down and  
bend the knee, \***

**and kneel before the Lord our Maker.  
For you are our God,  
and we are the people of your pasture and the sheep of your hand. \***

**Oh, that today we would hearken to your voice!**

**Let us listen today to God's voice: Harden not your hearts,  
as your forebears did in the wilderness, \***

**at Meribah, and on that day at Massah,**

**when they tempted me. They put me to the test, \***

**though they had seen my works.  
Forty years long I detested that generation and said, \***

**“This people are wayward in their hearts;  
they do not know my ways.” So I swore in my wrath, \*  
“They shall not enter into my rest.”**

**Antiphon** *(All)*

**Our God is full of compassion and mercy: O come let us worship.**

**Doxology** *(All)*

**Praise to the holy and undivided Trinity, one God: as it was in the beginning, is now, and will be for ever. Amen.**

**The First Lesson**

The Third Sunday in Lent	Genesis 44:1-17
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The Fourth Sunday in Lent	Genesis 48:8-22
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The Fifth Sunday in Lent	Ezekiel 37:1-14
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*Reader:* Hear what the Spirit is saying to God’s people.

**Canticle H** *(read together)*

**A Song of Hosea**

*Hosea 6:1-3*

**Come, let us return to our God, \* who has torn us and will heal us.**

**God has struck us and will bind up our wounds, \* after two days revive us,**

**On the third day restore us, \*  
that in God’s presence we may live.**

**Let us humble ourselves, let us strive to know the Lord, \* whose justice  
dawns like morning light,  
its dawning as sure as the sunrise.**

**God's justice will come to us like a shower, \* like spring rains that water  
the earth.**

## **The Second Lesson**

The Third Sunday in Lent

Romans 8:1-10

The Fourth Sunday in Lent

Romans 8:11-25

The Fifth Sunday in Lent

Romans 12:1-21

*Reader:* Hear what the Spirit is saying to God's people.

**Canticle L** *(read together)*

### **A Song of Christ's Humility**

*Philippians 2:6-11*

**Though in the form of God, \*  
Christ Jesus did not cling to equality with God,**

**But emptied himself, taking the form of a servant, \* and was born in  
human likeness.**

**Being found in human form, he humbled himself \***

**and became obedient to death, even death on a cross.**

**Therefore, God has highly exalted him \*  
and given him the name above every name,**

**That at the name of Jesus, every knee shall bow, \* in heaven and on earth  
and under the earth,**

**And every tongue confess that Jesus Christ is Lord, \* to the glory of God  
the Father.**

## The Third Lesson

The Third Sunday in Lent                      John 5:25-29

The Fourth Sunday in Lent                      John 6:27-40

The Fifth Sunday in Lent                      John 8:46-59

*Reader:*        Hear what the Spirit is saying to God's people.

## The Homily

### The Apostles' Creed *(said together, all standing)*

**I believe in God, the Father almighty, creator of heaven and earth.**

**I believe in Jesus Christ, God's only Son, our Lord, who was conceived by  
the Holy Spirit,**

**born of the Virgin Mary,  
suffered under Pontius Pilate,**

**was crucified, died, and was buried; he descended to the dead.**

**On the third day he rose again;  
he ascended into heaven,**

**he is seated at the right hand of the Father,**

**and he will come again to judge the living and the dead. I believe in the  
Holy Spirit,**

**the holy catholic Church,**

**the communion of saints,**

**the forgiveness of sins,**

**the resurrection of the body, and the life everlasting. Amen.**

## The Peace

*Officiant:*    The peace of Christ be always with you.

*All:*            **And also with you.**

## Announcements

## The Offertory

## Prayers and Intercession

Hear our cry, O God. And listen to our prayer. Let us pray.

Let us pray.

## The Lord's Prayer

## Prayers of the People, Form II (BCP, page 385)

## Suffrages

V. Help us, O God our Savior;

R. Deliver us and forgive us our sins.

V. Look upon your congregation;

R. Give to your people the blessing of peace.

V. Declare your glory among the nations;

R. And your wonders among all peoples.

V. Do not let the oppressed be shamed and turned away; R. Never forget the lives of your poor.

V. Continue your loving-kindness to those who know you; R. And your favor to those who are true of heart.

V. Satisfy us by your loving-kindness in the morning;

R. So shall we rejoice and be glad all the days of our life.

## The Collect of the Day (All)

The Third Sunday in Lent

**Holy and Living God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we**

may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

The Fourth Sunday in Lent

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

The Fifth Sunday in Lent

Holy and living God, you alone can bring into order the unruly wills and affections of sinners: Grant your people grace to love what you command and desire what you promise; that, among the swift and varied changes of the world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

A Collect for the Renewal of Life *(All)*

O God of all, whose light divides the day from the night and turns the shadow of death into the morning: Drive far from us all wrong desires, incline our hearts to keep your law, and guide our feet into the way of peace; that, having done your will with cheerfulness during the day, we may, when night comes, rejoice to give you thanks; through Jesus Christ our Lord. Amen.

A Collect for Guidance *(All)*

Heavenly Father, in you we live and move and have our being: We humbly pray you so to guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Lord. Amen.

## The General Thanksgiving *(All)*

Almighty God, Father of all mercies,  
we your unworthy servants give you humble thanks  
for all your goodness and loving-kindness  
to us and to all whom you have made.  
We bless you for our creation, preservation,  
and all the blessings of this life;  
but above all for your immeasurable love  
in the redemption of the world by our Lord Jesus Christ;  
for the means of grace, and for the hope of glory.  
And, we pray, give us such an awareness of your mercies,  
that with truly thankful hearts we may show forth your praise,  
not only with our lips, but in our lives,  
by giving up our selves to your service,  
and by walking before you  
in holiness and righteousness all our days;  
through Jesus Christ our Lord,  
to whom, with you and the Holy Spirit,  
be honor and glory throughout all ages. Amen.

## A Prayer of St. Chrysostom *(All)*

Holy and Living God, you have given us grace at this time with one  
accord to make our common supplication to you; and you  
have promised through your well-beloved Son that when two  
or three are gathered together in his Name you will be in the  
midst of them: Fulfill now, O Lord, our desires and petitions  
as may be best for us; granting us in this world knowledge of  
your truth, and in the age to come life everlasting. Amen.

## Concluding Sentence

Glory to God whose power, working in us, can do infinitely more than we can  
ask or imagine: Glory to God from generation to generation in the Church, and  
in Christ Jesus for ever and ever. *Amen. Ephesians 3:20,21*